



SPRING 2023 NEWSLETTER

- Sibling VIPs
- Groundbreaking Project
- Make a Will month



WELCOME TO OUR FAMILY

OPEN DAY
15th May 2023
10am - 4pm

So much has been happening since the New Year and Francis House is beginning to feel more like the hospice it was before the Pandemic. We continue to be very busy with a significant increase in the Homecare services and Emotional Support.

Our most recently commissioned research carried out by Dr Sue Kirk and her team at Manchester University, explored how having a brother or sister with a life limiting condition effects older siblings.

As a result a new reunion group "Shooting Stars" has been established to build on the work of "Shining Stars" (our sibling bereavement support group). In addition we are redeveloping the old accounts offices to provide a proper suite of rooms for the psychotherapists.

On 15th February we honoured the past and looked to the future. Sir Warren Smith KCVO KStJ JP opened the new building, 92, which will provide six residential places for young adults with extremely complex needs.

The project was blessed by Bishop John Arnold who then celebrated Mass in the Francis House chapel. We were joined by Father Tom's family as we gave thanks for his long and important priestly ministry. We also invited the FMSJ sisters whose sacrificial gift of their convent meant that Francis House could become a reality.

**How to
contact us**

Francis House
Children's Hospice,
390 Parrswood Road,
Didsbury, Manchester,
M20 5NA

Hospice tel:
0161 434 4118
Fundraising tel:
0161 443 2200



As we leave Winter behind and move into Spring we look to the future and it's good to see all of these "new shoots" springing up in the life of Francis House.

All of these things happen because of the wider Francis House family of supporters, donors and fundraisers, whose generosity keeps us going.

Francis House has so many families relying on its services and we in turn rely on you, our great Francis House family, who continue to think of us year on year.

To you we say a huge thank you and hope to see as many of you as possible at our Open Day on the 15th May.

Keep us in your thoughts and prayers.

David



The Right Reverend John Arnold, Bishop of Salford, Sir Warren Smith and David Ireland at the opening of 92 Barcicroft Road.

SIBLING VIPS

The support of siblings has always been a vital part of the care provided by Francis House.



In addition to being able to stay for respite, the brothers and sisters have their own activities, outings and specialist support.

Maira Williams is a learning disability nurse and works on the 'Seasons' sibling support team.

From the age of five, brothers and sisters are invited to join the Seasons group, where they can meet other young people, whose siblings also use the Hospice.

"A lot of the siblings can feel very isolated. This is a place where they can come and feel understood and mix with other children who are in similar situations to theirs. That peer support is really powerful," says Maira.

"We do have siblings that come to Francis House who have a brother or sister who spends a lot of time in hospital and they get separated from them. When they come here

they come as a family, having time with their sibling or having fun with the other children.

"When a family comes to stay at Francis House the siblings are allocated staff members to work with them, encouraging them to step back from their caring role and just have fun.

"Siblings can miss out on a lot of things that their friends get to do, like going to parties or having sleepovers. We support them, listen to them and make them feel valued.

"Within Seasons we have three age groups and meet once a month. We have activities for the younger ones which are focussed on play, but also encourage the children to talk about how they are feeling. We create an environment where they can share their thoughts if they want to.

“A lot of issues from childhood come from pushing down their feelings. The children often think ‘my brother or my sister has it worse - how can I complain?’

“To be able to talk about the things that are bothering them, and to feel okay about that, makes a big difference in their future lives.”

Zoe Saxon’s children were able to benefit from the Seasons group before she took advantage of the respite care being offered to her daughter Lillie.

Zoe says: “They have such a good time, and they always come home with a big smile on their faces, with a collection of artwork and prizes that they’ve won through games.

“Each session always has a theme and as much as they make it fun, it can help support them emotionally too.

“Every child needs to be a child and every child needs to have fun as part of their childhood. Francis House is an amazing place and gives them that space where they can just have fun.”

To watch a video about sibling support visit www.francishouse.org.uk/sibling-support



SUNDAY 18TH JUNE 2023

CHESHIRE THREE PEAKS CHALLENGE

**SUPPORT FRANCIS HOUSE
CHILDREN'S HOSPICE WHILST
ENJOYING THE GREAT OUTDOORS!**



13.6 mile Challenge Route
Conquer three of Cheshire's
highest peaks...



6.5 mile Family Route
Ramble through the scenic
Macclesfield countryside...



Start point: Tegg's Nose Visitor Centre, Macclesfield

www.francishouse.org.uk/cheshire-three-peaks-challenge



OUT AND ABOUT

Are you brave enough to abseil the 170ft tower at Trafford Palazzo? Take on this exhilarating challenge at the Trafford Centre on Sunday 25th June.

Registration is £35 with a pledge to raise a minimum sponsorship of £100. Hosted by Big Bang Promotions. Sign up via our website: www.francishouse.org.uk/trafford-centre-abseil



GREAT MANCHESTER RUN

Incredible city centre route.

Sunday 21st May 2023
10k places £35

Half marathon
places £40

Junior & Mini
Run 20th May

**APPLY
TODAY!**



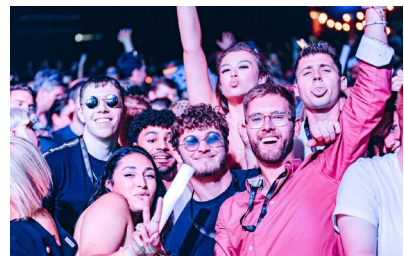
Support one of our fantastic Spring/ Summer 2023 events



PEAK DISTRICT ULTRA CHALLENGE
8-9TH JULY



TOUGH MUDDER
15-16TH JULY



CLASSIC IBIZA
12TH AUGUST

For more information or to sign up visit www.francishouse.org.uk/getinvolved/events or call us on 0161 443 2200

GROUNDBREAKING PROJECT



Dermot Murphy

92 Barcicroft Road - a home for six young people with life-limiting conditions and complex needs.

Operated by Francis House Families Ltd - a trading subsidiary of Francis House Family Trust the registered charity behind Francis House Children's Hospice - the care home in Heaton Moor will enable the young people to live in a domestic setting whilst being cared for around the clock by a team of highly trained staff.

Dermot Murphy, Registered Manager of the care home said: "This home is dedicated to providing these six young people with an enriching and fulfilling life. The aim of 92 Barcicroft Road is to provide a comfortable and supportive living environment where young people with life limiting conditions can thrive and experience the joys of everyday life. Our team works closely with each young person and their family to understand their individual needs and provide tailored support to help

them live as full a life as possible. We are thrilled to be able to provide this new and innovative option for young people with life-limiting conditions and complex needs, and we are confident that 92 Barcicroft Road will have a positive and lasting impact on the lives of the young people who live there and their families."

Two former semi-detached properties underwent an extensive conversion into the six bedroom home, comprising a communal dining room and lounge, bed lift, large shower room and bathroom and a multi-sensory room. 92 Barcicroft Road has close links with Francis House Children's Hospice, and all of the young people who live there will continue to receive respite care and symptom control at the Hospice.

Dawn Tulloch's son Paul, 20, is one of the six young people living at the property. Paul has severe cerebral palsy, seizures and complex needs and has been attending Francis House Children's Hospice for respite care for more than 15 years. Dawn said: "It will make a massive difference Paul coming here as there is nothing else out there for him. It will also give myself and my other son Dylan a quality of life together. **"It's hard work looking after a young person with complex needs. Coming here will make the time Paul and I have together even more treasured and special. I can't thank Francis House enough not just for this opportunity but the other opportunities that have come around in Paul's life since he has been part of the Francis House family."**

David Ireland, chief executive of Francis House Children's Hospice and Company Secretary of Francis House Families Ltd said: **"Number 92 is all about giving these young people a good quality of life and the opportunity for new experiences. With the opening of this new property we can support six more young people with limited capacity. What we are doing is ground-breaking and as far as I'm aware nowhere else has a facility like this."**

The day to day costs of funding the care of the young people comes from their own individual care packages and involves no charitable fundraising.



Dawn Tulloch

The care home at Barcicroft Road

MORRISONS

THREE YEAR SUPPORT

Did you know twenty Morrisons stores around Greater Manchester are supporting Francis House?

Through a national partnership with Together for Short Lives, stores all around the country have been partnered with their local children's hospice.

The Community Champions from stores local to Francis House, paid us a visit to share their fundraising ideas and plans and we look forward to working closely with them.

"This is an amazing opportunity for us to work with a national organisation and raise further awareness of the hospice in the community." Julie Williams, Francis House fundraising officer.

Remember, the next time you are in a Morrisons store and see a collection box or fundraising event, the donations will be coming to Francis House! Please be generous in your support.



SEPTEMBER IS MAKE A WILL MONTH

Francis House is joining forces with solicitors throughout the region to Make a Will during the month of September.

Legal firms across the North West have agreed to provide their services and expertise at a discounted rate, either drawing up or amending a Will for an individual, or a double Will for a husband and wife, or partners. The discounted fee that you pay is then donated to the hospice. That way both you and your favourite charity benefit from the scheme.

Legacies in Wills left to Francis House Family Trust, are a crucial part of income for the hospice and allow us to provide the very best respite, homecare, end of life care and bereavement support to the children, young people and their families.

Why make a Will?

When it comes to making a Will, your family and friends should come first in your thoughts. But many people also decide to leave a gift in their Will to a charity close to their hearts.

If you've been meaning to get round to drawing up your Will, or if there's been a recent change in your circumstances, such as moving house, retirement, divorce, marriage or a new baby, or possibly you've become a grandparent for the first time - then now is the perfect time to make or update your Will.

Make a Will Month

A list of participating solicitors will be listed on our website www.francishouse.org.uk

To discuss making a Will contact Rachael Taylor at Francis House Children's Hospice on **0161 443 2200**.



YOUR SUPPORT

HELP US TO BE
THERE FOR THE
FAMILIES OF
FRANCIS HOUSE
NOW AND IN
THE FUTURE

DONATE

Your support helps us to offer holistic care, relief from pain, and physical well-being to more than 550 families of children and young people with life-limiting and life-threatening conditions from across Great Manchester.

Thank you for your generosity and support.

Donate at [francishouse.org.uk/donate](https://www.francishouse.org.uk/donate)
Scan QR code to donate →



I want to help the families of Francis House

Here is my gift of:

☐ £10 ☐ £30 ☐ £50 ☐ other £

I enclose a cheque made payable to **Francis House Family Trust**

Title.....First NameLast Name

Address.....

.....Postcode.....

Telephone Number..... Email Address.....

Gift Aid

Boost your donation by 25p of Gift Aid for every £1 donated

giftaid it

I would like Francis House Family Trust to treat as Gift Aid Donations

☐ This donation

☐ All donations I make in the future or have made in the past 4 years

I am a UK taxpayer and understand that if I pay less Income Tax and or Capital Gains Tax than the amount of Gift Aid claimed on all my donations in that tax year, it is my responsibility to pay any difference.

Signature.....Date.....

Keep in Touch

Your support is vital and we look forward to keeping in touch with you by post, sharing our news, activities and appeals.

Would you like to receive our supporter emails too?

☐ Yes, I am happy to hear
from you by email.

Email Address.....

If you do not wish to receive information by post, or wish to change how we get in touch, please contact rachael.taylor@francishouse.org.uk or call 0161 443 2200.

THANK YOU

Please return this form with your donation to:

Francis House Family Trust, Francis House Children's Hospice,
390 Parrswood Road, Didsbury, Manchester M20 5NA

To donate online go to www.francishouse.org.uk/donate or call 0161 443 2200

Registered Charity No. 328659

MAKE A REGULAR DONATION

To continue to provide our services we need to raise 4.7 million pounds each year to keep our services going. Become a regular giver and make an ongoing difference to the lives of the families that we support. By completing this form, your regular donation will enable us to plan for future needs. If you are a UK taxpayer, please also sign and return the Gift Aid Declaration.

STANDING ORDER

The Manager
Bank/BSoc Address
.....
Account Name
Account Number
Sort Code

Please pay: Francis House Family Trust
Virgin Money, 45-50 Market Street
Manchester M1 1PW
Account Number 68170373
Sort Code 05-05-73

The sum of £
Commencing on
and thereafter on each succeeding
Ending on
Name
Address
.....
Signature
Date

Please return to Carole Fletcher, Francis House
Children's Hospice, 390 Parrswood Road,
Didsbury, Manchester M20 5NA
Registered Charity No. 328659

GIFT AID DECLARATION

Name of Charity
Details of Donor: Title
Forename(s)
Surname
Address
.....
Postcode
Email

I wish the charity to treat: (please tick as appropriate)
☐ The enclosed donation of £
☐ All donations I make in the future or have made in the past 4 years

I am a UK tax payer and understand that if I pay less income Tax and/or Capital Gains Tax than the amount of Gift Aid claimed on all my donations in that tax year it is my responsibility to pay any difference.

Please let us know if you:

- Want to cancel this declaration
- Change your name or home address
- No longer pay sufficient tax on your income and or capital gains

Signed
Date

THANK YOU FOR YOUR SUPPORT

Francis House is a lifeline to more than 550 families from across the North West. When life is short it needs to be of the highest quality and that's what Francis House does best.



Carol Wilde
and friends
£5,010



Des Breakey
'Kebabathon'
£2,100



John Grimes
aka The Doll Man
£10,000



Withington
Golf Club
£9,607



Oscar Bramer
100km walk
in 10 days
£1,000



Kim Ryan
Winter
Wonderland
£600

EVENTS 2023

Open Day at Francis House Didsbury	15th May
Great Manchester Run	21st May
Cheshire Three Peaks Challenge at Macclesfield	18th June
Didsbury Arts Festival community event	24th June to 2nd July
Trafford Centre Abseil	25th June
Peak District Ultra Challenge at Bakewell Showground	8th & 9th July
Tough Mudder at Heaton Park	15th & 16th July
Classic Ibiza at Tatton Park	12th August
STEPtember	Throughout September
Make a Will Month	Throughout September
Festival of Christmas Trees at Quayside MediaCityUK	Oct - Dec
Francis House presents Justin Moorhouse and Friends at Stockport Plaza	5th November
Francis House Christmas Ball	Friday 1st December
A Christmas Story	Friday 8th December

STOP PRESS!

Our annual summer draw will open on 1st June until 31st July with some fabulous prizes to be won including a £1,000 first prize. Tickets costs £2 each and can be purchased both on and off-line.

To find out the latest information or to take part in any of these events contact the fundraising team on **0161 443 2200** or email fundraising@francishouse.org.uk or visit www.francishouse.org.uk/get-involved/events

Newsletter Mailing List

If you no longer wish to receive a copy of the newsletter through the post, please call the fundraising office on 0161 443 2200 or email rachael.taylor@francishouse.org.uk and ask to be removed. Visit our website to subscribe to our monthly supporter newsletter via email and view our newsletters online www.francishouse.org.uk/news/newsletters/